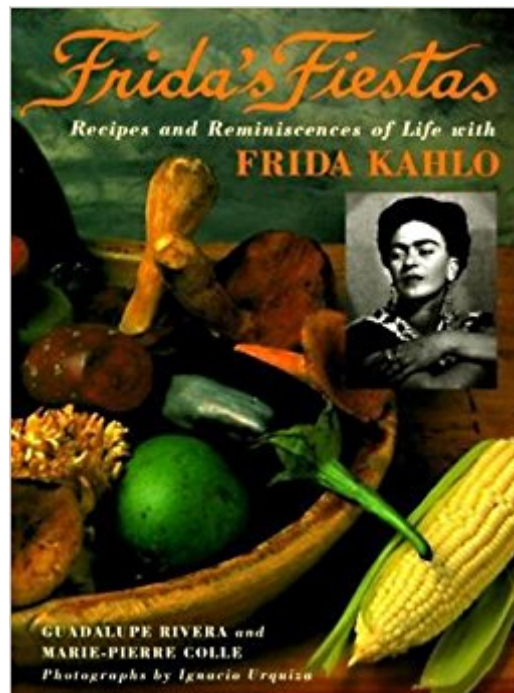




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# Frida's Fiestas: Recipes And Reminiscences Of Life With Frida Kahlo



## Synopsis

In the tradition of the best-selling *Monet's Table*, *Frida's Fiestas* is a personal account in words and pictures of many important and happy events in the life of Mexican artist Frida Kahlo, and a scrapbook, assembled by her stepdaughter, of recipes for more than 100 dishes that Frida served to family and friends with her characteristic enthusiasm for all the pleasures of life. Full-color photographs.

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## Customer Reviews

In the tradition of the best-selling *Monet's Table*, *Frida's Fiestas* is a personal account in words and pictures of many important and happy events in the life of Mexican artist Frida Kahlo, and a scrapbook, assembled by her stepdaughter, of recipes for more than 100 dishes that Frida served to family and friends with her characteristic enthusiasm for all the pleasures of life. Full-color photographs.

Lupe Rivera and Marie-Pierre Colle bring Frida and the Blue House in Coyoacan vividly to life. We learn of parakeets chattering in their cages, of the monkey Fulang Chang, of people congregating in the famous tiled kitchen. But most of all, we learn about Frida and how she welcomed people into her home. Frida was an enthusiast, and every occasion was cause for rejoicing. She celebrated birthdays and saints days and baptisms and all the popular holidays. The authors have divided the book into a cycle of twelve fiestas, among them the Posadas (at Christmas), the Day of the Dead,

the Mexican national holidays, and a gala celebration called "The Meal of the Broad Tablecloths". Included with the reminiscences are more than 100 recipes for the traditional Mexican foods that Diego loved to eat and Frida loved to prepare.

I always wanted to own and read this book, but when I finally bought it, I was a little disappointed. Some recipes seem to be very mundane, bordering on boring, and others seem quite difficult to make. Granted, this is the food that Frida actually prepared for Diego and guests in their home, but I felt that too many of the recipes were just too basic and uninspiring OR way too difficult (many ingredients, too many steps) for even a good Mexican cook to prepare. Accurate? Probably. Authentic? Yes. But special, or highly original...maybe not so much.

Amazing!!! is the first word that comes to mind. I love the recipes, the stories and the easy to follow directions. It feels as if you are with Frida, as an invited guest of course, sharing her love of food. I enjoyed peeking in her kitchen and seeing how bright the furniture was and the decorations on the wall. The dishes that the meals were served, has made me rethink, set and setting. This is a book that I recommend to any Frida/Diego fans. Would I buy it again if someone were to borrow my copy?? Most Definitely !!!

This book is much more than just a collection of authentic Mexican recipes that Frida favored. The narrative, co-written by Frida's stepdaughter, also provides some engaging insight to who Frida Kahlo was and what moved her. It's not a biography but rather provides a pleasant portrayal of what it was like to be in Frida's orb, the time period, and the locations. I also appreciated the photos of Frida's paintings, residences where Frida lived with Diego, and the food. Oh, yes; the recipes... ahhh, can't wait to try them.

The author, Guadalupe Rivera, invites us into the family home of her childhood, and into the daily lives of her parents, Diego Rivera and Frida Kahlo, two of Mexico's most illustrious and controversial artists. The reader feels like we've just gone out to market with Frida, now we're sitting around the family table watching her prepare the ingredients for six or eight traditional dishes for tonight's feast. The book is organized around the calendar year, each month with its festivals, weddings, harvests, journeys; so we learn more than 100 recipes ranging from a warming Christmas posada to a breezy summer picnic feast aboard a boat in the canals of Xochimilco. The color photography illustrates each meal as it would have been served, the home where they lived, also Frida's paintings and

historic photos. Half cultural history, half cook book.

My daughter went to a show where this author was a guest. She was able to sample one of the recipe's in this book but they were asking \$40 for the book. I bought her a copy from for far less than the asking price at the show. She will be trying one of the recipe's this weekend.

Authentic recipes. Interesting stories. A great addition to my cookbook collection.

I bought this for my father in law & he has made several recipes for dinner parties with his friends. He is loving this book.

This book comes with photos, stories, and wonderful recipes.

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